|  |  |  |
| --- | --- | --- |
| **Summary Statistics (n = 75,845; Incident CAD = 1629)** | | |
| *Variable* |  |  |
| Follow-up Time, median(IQR) |  | 6.83 (6.28, 7.35) |
| PAEE, mean(SD) |  | 39.70 (11.56) |
| Person-Years |  | 502,315 |
| Age, mean(SD) |  | 62.22 (7.85) |
| **Highest Education Level, n(%)** |  |  |
|  | *University* | 34,210 (44.16%) |
|  | *Any Other Qualification* | 37,220 (48.04%) |
|  | *No qualification* | 6,044 (7.80%) |
| Townsend Index, mean(IQR) |  | -1.73 (-0.17, -3.83) |
| Currently Employed, n(%) |  | 46,830 (60.45%) |
| Fruit & Vegetable Intake Score, mean(SD) |  | 2.26 (1.43) |
| **Cigarette Smoking Status, n(%)** |  |  |
|  | *Never* | 44,515 (57.61%) |
|  | *Previous* | 27,551 (35.65%) |
|  | *Current* | 5,209 (6.74%) |
| **Alcohol Consumption, n(%)** |  |  |
|  | *Never/Rarely* | 4,456 (5.76%) |
|  | *Less than twice a week* | 27,848 (35.98%) |
|  | *Usually/Always* | 45,102 (58.27%) |
| **Added Salt Intake, n(%)** |  |  |
|  | *Never/Rarely* | 46,376 (59.89%) |
|  | *Sometimes* | 20,525 (26.51%) |
|  | *Usually/Always* | 10,530 (13.60%) |
| **Oily Fish Consumption, n(%)** |  |  |
|  | *More than once a week* | 13,442 (17.40%) |
| **Mean Sleep Duration, n(%)** |  |  |
|  | *< 7 hours/day* | 16,948 (21.94%) |
|  | *7-8 hours/day* | 55,469 (71.81%) |
|  | *> 8 hours/day* | 4,832 (6.26%) |
| Current BP or Cholesterol Meds, n(%) |  | 9,357 (12.08%) |
| Mobility Limitations, n(%) |  | 14,924 (19.26%) |